

Sunshine Italian

Delicious, fresh meals for all of the family to enjoy, made in house from the finest Italian and Pembrokeshire ingredients

Colazione e Pranzo Leggero

Colazione	£6.95	Coffee	
Full cooked breakfast, fried egg, sausage, bacon served with mushrooms, tomato, baked beans and toast		Our Coffee is freshly ground from locally roasted and blended beans	
Uova in Camicia con Pancetta	£5.95	Espresso	£1.95
Poached egg and pancetta with hollandaise sauce bruschetta		Double Espresso	£2.50
Uova Strapazzate al Salmone	£5.95	Americano	£2.50
Scrambled eggs, smoked salmon, mascarpone and dill bruschetta		Cappuccino	£2.75
Uova Strapazzate con Funghi	£4.95	Latte	£2.75
Scrambled eggs with mushrooms and tomato bruschetta (v)		Flat White	£2.75
		Macchiato	£2.25
		Mocha	£2.75
		Hot Chocolate	£2.75
Insalata di Bufala	£9.95	Hot Chocolate with cream	£3.25
A dressed crispy mixed leaf salad with buffalo mozzarella, tomatoes and pesto (v)			
Insalata Pollo	£9.95	Tea	
A dressed crispy mixed leaf salad with chicken breast and marinated olives		Pot of Tea	<i>for 1</i> £1.25 <i>for 2</i> £2.25
Piadina or Focaccia		Pot of Earl Grey	<i>for 1</i> £1.50 <i>for 2</i> £2.50
Italian sandwiches made from our home made breads		Pot of Speciality Tea	<i>for 1</i> £1.50 <i>for 2</i> £2.50
Piadina - warm flat bread			
Focaccia - tray loaf			
Filled with the following			
Prosciutto, gorgonzola and lettuce	£6.95		
Traditional cheddar and cooked ham	£5.95		
Smoked salmon, mascarpone and lettuce	£7.95		
Bufallo mozzarella, tomatoes, pesto and lettuce (v)	£7.95		
Roasted vegetables and pesto (v) can be (vg)	£5.95		

Fancy something sweet ?
See our desserts and cakes menu