



Antipasti *to Share*

Tagliere Misto £12.95

A selection of Italian cured meats and Italian cheeses served with apple and tomato chutney and homemade Italian breads

Trio of Bruschetta £12.95

Three classic tastes of Italy served on toasted bread

Fresh Seasoned tomatoes (v) (vg)
Smoked salmon, mascarpone and dill
Pesto and sun dried tomatoes (v) (vg)

Pane e Olio £6.95

A platter of homemade Italian breads served with marinated olives in extra virgin olive oil (v) (vg)

Antipasti

Bruschetta

Choose one our classic bruschetta

Fresh Seasoned tomatoes (v) (ve) £4.95

Smoked salmon, mascarpone and dill £6.95

Pesto and sun dried tomatoes (v) (ve) £5.95

Caprese di Bufala £7.95

Classic fresh Italian dish combining the wonderful flavour of buffalo mozzarella, fresh tomato and basil seasoned with extra virgin olive oil and toasted bread (v)

Impepata di Cozze £6.95

Shell cooked mussels with white wine, tomato and pepper sauce served with toasted aromatic bread

Antipasti continued

Carpaccio di Bresaola £6.95

Traditional cured meat from the Alpine valley of Valtellina, seasoned with extra virgin olive oil and lemon juice topped with rocket leaves, shaved grana Panado served with focaccia bread.

Pane e Olio £4.95

Italian breads served with marinated olives in extra virgin olive oil (v) (ve)

Capesante con Salsa ai Piselli £8.95

Pan seared scallops with crispy pancetta served in a pea puree

Polpette al Sugo £6.95

House meat balls served with a choice of **Classic Italian Seasoned Tomato** or **House Spicy Tomato** sauce

Tagliere Misto £7.95

A selection of Italian cured meats and Italian cheeses served with apple and tomato chutney and homemade Italian breads

Sunshine Italian House Breads

Here at Sunshine Italian we make our breads in house from classic Italian recipes.

Vegetarian Dishes (v)

Vegan Dishes (ve)

Gluten Free - Please ask one of the team for the **Gluten Free Menu**

Sunshine Italian House Pasta

Here at Sunshine Italian we handmade our pasta with local free range eggs and Speciality flour imported from Italy.

Primi Piatti

House Pasta Dishes

Fettuccine al Pesto alla Genovese £11.95

Tuscan style ribbon pasta served with homemade pesto sauce and pine nuts (v)

Pappardelle al Ragù di Agnello £13.95

Delicious Welsh lamb ragout served with house ribbon pasta

Ravioli al Salmone £15.95

Homemade ravioli pasta filled with salmon and mascarpone served with a saffron and shrimp sauce

Cannelloni alle Verdure £11.95

Classic Italian dish using our homemade pasta and filled roasted Mediterranean vegetables, ricotta cheese and a creamy béchamel sauce (v)

Lasagna £11.95

Our authentic Italian baked house pasta dish with Pembrokeshire's finest beef

Piatti Principali

House Risotto Dishes

Risotto ai Gamberetti £12.95

Creamy shrimp risotto cooked with concasse tomatoes and fresh parsley served with grilled shrimp skewer

Risotto Asparagi e Porri £10.95

A tasty risotto with sautéed asparagus and Welsh leek risotto (v) (ve)

Risotto Pollo e Funghi £11.95

A rich and creamy risotto with chicken and mushrooms

Piatti Principali *continued*

House Spaghetti Dishes

Spaghetti Con Polpette

House meat balls served with a choice of **Classic Italian Seasoned Tomato** or **House Spicy Tomato** sauce £9.95

Spaghetti allo Scoglio

Clams, mussels, prawns and squid in a creamy garlic and white wine sauce £11.95

Spaghetti Pomodoro

House spaghetti with our classic seasoned tomato sauce (v) (ve) £6.95

Italian Speciality Dishes

Caciucco alla Livornese

Italian seafood stew made with squid, mussels, clams, baby octopus, in a rich tomato sauce served with toasted bread £16.95

Pollo Ripieno £11.95

Chicken breast filled with sundried tomato wrapped in pancetta served with a parmesan sauce

Caponata Siciliaina £12.95

A traditional Sicilian vegetarian dish using aubergine, celery, onions, olives and capers cooked in an Italian sweet and sour tomato sauce. Served with House Focaccia bread (v) (ve)

House Sides

Sautéed Potatoes £2.25

Parmesan Mash £1.75

Roasted Mediterranean Vegetables £3.95

Garden Peas £1.75

Crunchy Dressed Mixed Leaf Salad £2.95

Cheesy Leeks £2.95

